



Illness Policy for Children

Welcome Curie Preschool!

Children in preschool settings are naturally exposed to germs that may cause illness. While it is not possible to completely prevent the spread of illness, Curie Preschool is committed to maintaining a healthy environment for all children and staff by following appropriate health and safety practices.

Please review the following illness policy carefully.

General Illness Policy

1. Curie Preschool may not accept or continue care for a child if the child's illness:
 - Prevents the child from participating comfortably in daily activities, or
 - Requires more care than staff can provide without affecting the health and safety of other children.
2. Parents/Guardians should keep children at home when they show signs or symptoms of illness.
3. Parents/Guardians are responsible for arranging alternate care when a child is excluded from the program due to illness.
4. Staff members may conduct a brief health observation upon arrival and throughout the day.
5. If a child becomes ill during the school day, Parent(s)/Guardian(s) will be contacted and required to arrange pick-up as soon as possible.
6. If Parent(s)/Guardian(s) cannot be reached, emergency contacts listed on the child's records may be contacted.
7. Children who leave another school or program due to illness may not attend Curie Preschool on the same day.
8. Curie Preschool reserves the right to determine whether a child may attend based on the child's condition and the school's ability to safely care for the child.

Symptoms Requiring Exclusion from School

Parent(s)/Guardian(s) may be asked to keep their child home or pick up their child if the child has any of the following:

- Fever with behavior changes or other symptoms of illness
- Vomiting
- Diarrhea
- Difficulty breathing, severe coughing, or wheezing



Illness Policy for Children

- Severe sore throat or difficulty swallowing
- Unusual rash, skin irritation, or severe itching
- Mouth sores with drooling
- Head lice, ringworm, pink eye, or other contagious conditions
- Significant fatigue, irritability, or unusual behavior
- Persistent stomach pain
- Symptoms suggesting a communicable illness

Children with fever, vomiting, or diarrhea must remain home until they are symptom-free for at least 24 hours without medication.

Curie Preschool may request a physician's note before a child returns to school if the illness is determined to be contagious or if staff believe additional medical clearance is necessary.

Communicable Diseases

1. Parent(s)/Guardian(s) are required to notify the school within 24 hours if their child or a member of the immediate household develops a communicable disease as defined by the Virginia State Board of Health.
2. Life-threatening diseases must be reported immediately.
3. Curie Preschool may notify families of possible exposure to communicable illnesses while maintaining confidentiality as required by law.
4. Health Department guidelines regarding exclusion and return-to-school requirements will be followed.

Medication & Allergy Information

1. Prescription and non-prescription medications may only be administered with proper written authorization and required documentation.
2. Parent(s)/Guardian(s) must provide allergy information and any necessary allergy action plans for food, medication, or environmental allergies.
3. Sunscreen, diaper creams, and other topical products require written authorization before use.

Return to School

Children may return to school when:

- They are symptom-free for at least 24 hours without medication, or
- A healthcare provider determines whether the child is no longer contagious and may safely return to group care.



Illness Policy for Children

The final decision regarding whether a child may attend school will be made by Curie Preschool administration.

PARENT/GUARDIAN ACKNOWLEDGMENT

I/We acknowledge that I/we have read, understood, and agree to comply with the Curie Preschool Illness Policy.

STUDENT INFORMATION

Child's Name:

Program/Class:

Location: ☐ Herndon ☐ South Riding

PARENT/GUARDIAN SIGNATURES

Parent/Guardian Signature:

Printed Name:

Date:

Parent/Guardian Signature:

Printed Name:

Date:

Last Updated: May 2026